



ANNUAL REPORT





2021

With your support in 2021...

- 1,900 patients were served
- 4,287 individuals received grief support
- 5.3% of hospice care was completed by volunteers
- 122 volunteers provided direct care
- 7,151 volunteer hours were served
- \$167,108 provided in charity care
- 153 individuals employed at HSM
- \$1,220,276 was raised to support highquality end of life care

Table of Contents

INTRODUCTION

Board of Directors Leadership Message from CEO & Board Chair

CAREERS OF COMPASSION

Remembering Ed McGeachey Remembering Donna DeBlois

SUMMARY OF SUPPORT

Message from Mary Pinto Revenue and Support Operating Expenses

COMMUNITY 2021

Friends of Hospice Community Events

SUPPORTERS 2021

Donor Roll

CONCLUSION

Caring for Our Colleague Marie Roy

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Dear Friends,

In this year's report, you will see a recurring theme – stories of people who devoted themselves to careers of compassion. Even though we work in hospice, nothing quite prepared us for the devastating loss of two Board members and one employee. It was an honor and pleasure to know and work with Ed McGeachey, Donna DeBlois, and Marie Roy, and they are deeply missed.

In 2020, HSM dealt with the volatility of the COVID-19 pandemic and felt hopeful for a quieter new year. But as 2021 started, it seemed the challenge level would remain the same. In the spring, we launched a staff and volunteer Covid-19 vaccination clinic at our headquarters. Many of our employees felt grateful to be some of the first in Maine to receive the vaccination. For them it wasn't just a layer of safety, but also a beacon of hope that we would start finding our way back to a new normal. Although we are still navigating this pandemic, our employees have stayed resilient in an uncertain and constantly changing world. We are proud of how our staff sustained focus and high-quality care for our patients during this continuing public health crisis. In 2021, we had the opportunity to reflect on the past eighteen years of Hospice of Southern Maine and its mission. When we opened Gosnell Memorial Hospice House in 2004, we started with a handful of dedicated, passionate employees learning and executing best care practices for a small number of patients. Last year we were able to care for 1,900 patients at both Gosnell Memorial Hospice House and at home. While the numbers of patients have changed, the passion of our staff has never wavered. That passion earned us the Hospice Honors award, an accolade presented to an organization providing the highest level of quality hospice care.

In this constant time of change, our team remains committed to fulfilling the southern Maine community's hospice care needs. Thank you for continuing to have faith in us during these unprecedented times.



Daryl J. Cady
Chief Executive Officer



Paul Wolf Board Chair



Ed McGeachey

1948 - 2021

Careers of Compassion

Ed McGeachey offered his community a lifetime of service...with a smile.

Born and raised in Portland, Maine, Ed's roots ran deep. After graduating with a master's degree in social work from Boston University he began a 42-year career that was dedicated to the health and well-being of his community. In 1976, Ed became CEO of Webber Hospital (what later became Southern Maine Health Care). Ed's leadership style was characterized by collaboration, collegiality, and respect. He had a steady hand, was highly effective, and recognized and acknowledged the value of all team members. Ed believed in knowing everyone by their first name and greeted everyone he met with a heartfelt smile.

In advancing hospice, Ed was an early leader in recognizing the need for improvement of end-of-life care in southern Maine and actively supporting the development of hospice services. Ed joined the group that established Hospice of Southern Maine and played a critical role in the formation of the multiple partnerships that enabled the founding of this organization. For the past twenty years, he remained actively involved with Hospice of Southern Maine serving on committees and the board, including as Board Chair. He provided invaluable leadership for both the inpatient hospice facility campaign and the Hospice Center campaign.

In every role he held, including at HSM, Ed never failed to focus first on the patients, their families and quality of care. Because of his leadership and his humanitarian values, not only have we all benefited, but those in the future will as well as his legacy lives on. And for that, we are all humbly grateful, and honored to have had the opportunity to know and work with Ed McGeachey.

Caring for Our Community



Donna DeBlois 1959–2021

Donna DeBlois

A lifelong advocate for advancing at-home and end-of-life care, Donna DeBlois was dedicated to her career and her community. After earning multiple degrees, she became involved in an industry for which she cared deeply: home care and hospice. Donna was known for her energetic leadership, commitment to advancing health care in the home, and her innovative approaches to the delivery and administration of such care. Donna believed in supporting and mentoring future home care leaders, and she collaborated with and advocated on behalf of home care and hospice patients and providers, always with her positive spirit shining through. In 2021, Donna was jointly inducted into the Home Care and Hospice Hall of Fame and the Home Care and Hospice Financial Managers Hall of Fame in honor of her years of community service and compassion.

It was a pleasure to have Donna DeBlois serve as a member of the board at Hospice of Southern Maine and her presence will be greatly missed.



A Career of Compassion Mary Pinto

I write this note on the verge of my retirement from HSM. I was honored to be asked to participate with a group of interested community members seeking to improve hospice utilization in our state many years ago, and then to take a position as HSM's first Business Manager. It will be nearly 18 years by the time I retire, and I am grateful to have participated in the formation and management of what was to become a highly valued service to so many, and a unique place for the talented individuals in our company to do their important work. I have had the privilege of serving many Boards of Directors and Finance Committee members who selflessly volunteered their time to make HSM a reality.

Our community has shown sustained generosity that could not have been imagined 18 years ago as our fledgling organization stood itself up. With this support our "village" has since allowed us to care for more than 18,000 patients and their families. I am awed by the grace, courage, wisdom, and heart that surrounds me at work and I am thankful to have been a part of it.

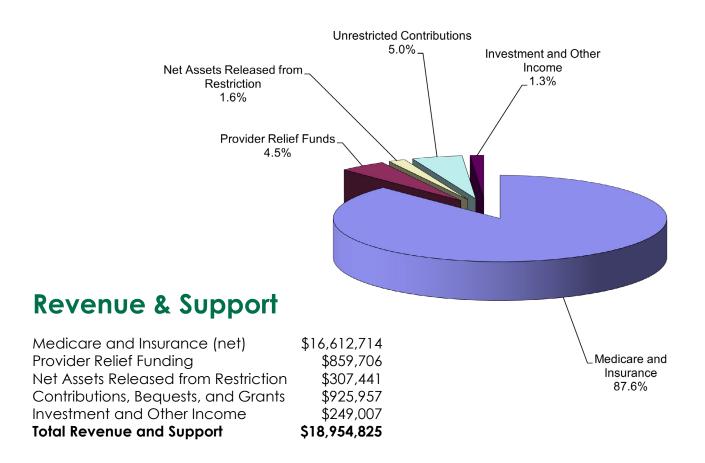
2021 Financial Summary

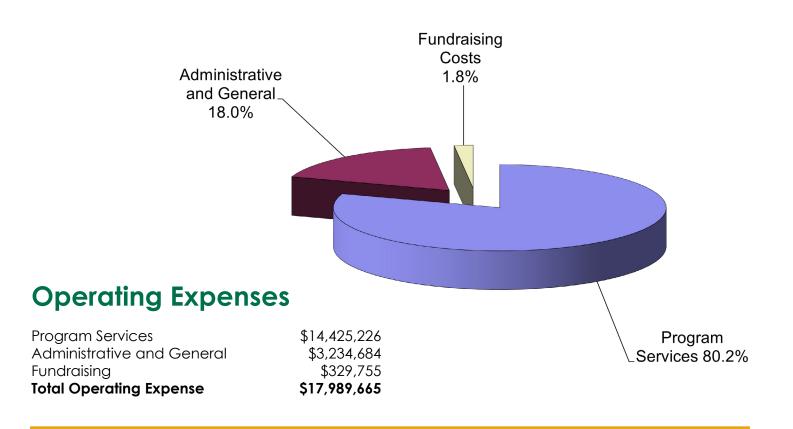
I imagine most of us entered 2021 with a sense of cautious optimism as we learned about the rollout of the first vaccine to reduce the devastating Covid-19 spread. Our financial plan for the year was set in late fall 2020, prior to this incredible news, so it included assumptions that public health constraints would need to continue. We were conservative in our financial projections.

As it turned out, in 2021 our Home Program served more patients and families than ever before, while our Gosnell House met the needs of those needing acute care. It seemed that deferral of care for underlying disease during the prior year as individuals avoided the doctor's office, as well as the stress of the unprecedented events caused by the virus, had many turning

to the comfort of hospice at end of life. Our remarkable inter-disciplinary team of providers, now bolstered with the protections the vaccine provided, were able to meet the sudden growth in demand demonstrating extraordinary courage, drive, and flexibility. We are grateful to those patients and families, as well as their health care providers, for putting their trust in Hospice of Southern Maine (HSM) against the backdrop of the unpredictable pandemic.

In the end, our unexpected growth coupled with our ability to use Cares Act Provider Relief funds and the continued support from our charitable community, have allowed HSM to end the year in a strong financial position.





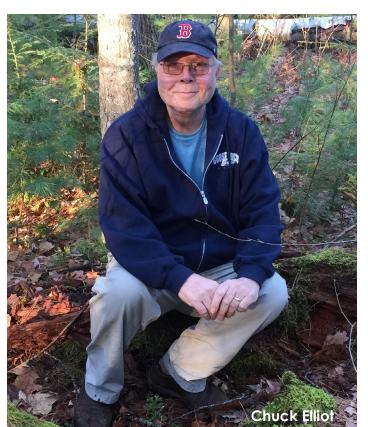
Excess of Revenue Over Expense

\$965,160

Friends of Hospice

When Moya Elliot's husband, Chuck, was diagnosed with end stage liver cancer his physician suggested they contact Hospice of Southern Maine (HSM). Moya expressed how amazing it was that everyone came together around Chuck and supported them with anything and everything they could possibly need. Around this same time, Moya received a call from her mom, Rosemary, who lived in North Conway. Rosemary's Melanoma was getting worse and she was being referred to Hospice of Southern Maine. So now, Moya was caring for both Chuck and her mom at home with the help of Hospice of Southern Maine. Moya says the experience could not have been more wonderful. All of the nurses and care team members were outstanding and made the end-of-life transition for everyone as smooth as possible.

Moya believes strongly in the mission of Hospice of Southern Maine and has since become a member of the Board of Directors. She wants everyone to know about their great work. Read on to learn more about what inspires her to be a donor.







What motivates you to continue to support Hospice of Southern Maine?

You all do such amazing things, you really work wonders and I want to make sure that everyone knows about hospice, understands what hospice is, and utilizes it when the time is right for them.

How would you describe Hospice of Southern Maine and it's mission to a friend, or even a person you met on the street?

Hospice of Southern Maine is an amazing organization that helps those that are dying, their families, and loved ones in a beautiful, caring way both during and after the loved one is gone.

What is something you know about our agency and would like to make sure everyone knows

I would want to make sure everyone knew about the bereavement services and that they are available to anyone. That's just amazing, and something that people should really take advantage of, especially after the loss of a loved one.

Community Events



Marietta's Angel's Hike for Hospice Team



Our HeartStrings volunteer, Catherine



A heroic guilt donation to Gosnell



Biking for Hospice!



The Harbour Singers Hiking for Hospice

2021 Donor Listings

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Caring for Our Colleague

As an LCSW at Hospice of Southern Maine (HSM), Marie Roy had the privilege of providing end-of-life care to many individuals. Marie dedicated herself to enriching the lives of her patients just as much as they enriched hers. However, on October 8, 2021, the work that had long provided so much meaning in Marie's life came to an unanticipated and abrupt end. Marie was diagnosed with terminal thyroid cancer. In a matter of seconds, she went from being the care provider to the patient.

After the diagnosis, Marie began to focus on her quality of life, engaging in things that were most meaningful to her, spending as much quality time as she could with family, friends, and loved ones. As a society, we often nealect to discuss goals and logistics around end of life. Marie had seen this first-hand in her work with patients and families at HSM and, while she never imagined she would need to have these discussions so soon herself, they quickly became her highest priority. With the support of her family, friends, and care team at Hospice of Southern Maine, Marie was able to carry out and achieve all of her end-of-life goals. Marie touched our lives with her grace, determination, compassion, kindness, and infectious smile. She demonstrated exactly why we do this work at Hospice – to help people have a positive and meaningful end of life experience.

"All we have is now because the future is uncertain. I am grateful to you all individually as well as collectively for gracing my life in a broad range of ways. I have been supported in ways I could not have even imagined and my love and gratitude spills over fueling my spirit and my days. Thank you and I wish you all the best the day has to offer, today and each day."

Marie had a zest for life. She loved nature and respected all living creatures. She had an infectious smile and contagious laugh. She was thoughtful beyond measure and was always ready to help. Marie believed that grief didn't need to be pathologized, but rather experienced. One of her final wishes was that all who knew her would exchange time as both griever and listener, creating a comfortable space to grieve and heal.

Marie remained in charge of her own care until the very end. She is missed by all that knew her at HSM. She brought countless smiles, joyful belly laughs, thoughtful ideas, and most importantly love to everything she did.

As Marie said, "here's to grieving and all it honors and validates."

*This Annual Report is dedicated to Marie Roy.



"So, in anticipating dying and death I am keeping a journal while I am clear and here. I know ideally each loved one would be called in person when I'm dying or after I die. I will keep entering updates as long as I am able. Then loved ones will send updates on my status and announce my death. Wish me luck at getting to achieve as many high-priority wishes that I can with the time I have left"





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